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Subscription rate for individual nonmembers: \$100 per year.

Subscription rate for institutions: \$250 per year.

ISSN 2375-5717 (online)

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#### On the cover:

"The body is a unit: body, mind, and spirit. The quilt is a unit: fabric, batting, and thread. As the quilt comes together, lots of little pieces become part of a whole. They make patterns and create beauty. As physicians, we look for patterns and beauty in our patients and try to enhance the health of the whole."

Photo and quilt by Kelley J. Joy, DO.

# AAOJ Call for Submissions



Time is precious and article writing is often triaged for busy physicians. In an effort to help guide the journal and stimulate interest in academic and scholarly activity, we are providing some broad topics that can be “reserved” for you. These are by no means the only topics for the journal, but it helps to eliminate the writer’s block that so many of us may face.

## Book Review on a recent title

### Science

- Review the functional anatomy, osteopathic considerations, and literature review relevant for migraines or tension headaches
- Review the functional anatomy, osteopathic considerations, and literature review relevant for dysautonomia

### Art

- Review ways of organizing a treatment
- Discuss ways that you integrate stretches into a treatment plan

### Philosophy

- How does your personal spiritual practice influence your medical practice?

## History

- Write a short piece describing a situation while you were in training where a mentor made a significant difference in your understanding of the practice of osteopathic medicine
- Write about a situation where osteopathic medicine intersected with popular culture

## Personal Reflection

- What is it like to go through medical school or residency?

If you are interested in any of these topics, send an email to [communications@academyofosteopathy.org](mailto:communications@academyofosteopathy.org) and reserve your topic today. Manuscripts should be submitted to PeerTrack within three months of reserving a topic. See the AAOJ’s [Instructions for Contributors](#) for more information on submitting manuscripts.

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