

## EDITORIAL

*Raymond J. Hruby, DO, MS, FAAODist.*

## From the Editor

We are most pleased to present the March 2023 issue of *The AAO Journal*. In this issue, we have a selection of articles that cover a spectrum of clinical, academic and philosophical topics that will appeal to our eclectic readership.

Daniel Shulman, OMS III; Mikhail Volokitin MD, DO; Anthony Song, OMS IV; Denise Burns, DO, provide a case report entitled “A case study of postural imbalance with lymphatic congestion which responded to OMT.” This case demonstrates some of the adverse effects of the body of altered posture and shows how the skilled use of osteopathic approaches to restore proper biomechanics and physiologic motion can have a dramatic effect on improving fluid flow throughout the body.

Wesley C. Lockhart, DO, FAAO provides us with another interesting case report, “Osteopathic Findings and Treatment of Patient with Crohn’s Disease and Post-Ileocecal Resection: A Case Report.” This report illustrates how osteopathic principles and OMT can be used to restore autonomic balance, which can lead to pain relief, and improved functionality and quality of life.

In the article “Still’s Osteopathy,” Nicholas Handoll, DO (UK) provides us with another way to get a deeper understanding of the true nature of osteopathy by directly analyzing the original writings of our founder, Andrew Taylor Still, MD, DO, and the words of some of Still’s original pupils who worked closest to him. We can always use more information on how to understand

what Dr. Still wanted us to know about his thoughts on improving the practice of medicine.

Dominick Masiello, DO and Martin Torrents, DO, MPH, MBA provide us with an excellent article entitled “Osteopathic Manipulation Skills Training: Past, Present, and Future.” Here they discuss psychomotor skills training in the context of teaching OMT procedures. They point out the need for more research in this area, and continued adaptation to the use of modern available technologies to improve our osteopathic skills training.

Finally, as we approach the time for our annual Convocation, I wanted to remind us that, for many of us, this is a time to reflect on our lives and our profession, and to renew the passion and dedication we all have for osteopathic medicine. To that extent, I offer Chapter XXV from Dr. Still’s Autobiography, where he reminds us of the uniqueness of osteopathic medicine.

We hope you will enjoy this issue of the *AAOJ*, and whether or not you are able to attend Convocation, we hope you will take a moment to appreciate the honor we should feel for having been called to serve in such a noble profession. ■



*Raymond J. Hruby, DO, MS, FAAODist.  
AAOJ Interim Editor-in-Chief*

*Raymond J. Hruby, DO, MS, FAAO (Dist)*