



View from the Pyramids: Anniversaries

AAOJ Editor-in-Chief Janice Upton Blumer, DO, FAAO

EDITORIAL

This December issue marks a milestone in the history of the *AAOJ* as we celebrate 30 years of supporting the osteopathic profession with this, our December issue. Just to put in perspective the longevity of the *AAOJ*'s enduring mission, here are a few things that the decade of the 90's is known for:

- Tim Berners-Lee publishes a proposal for the World Wide Web.
- East and West Germany are reunited after 45 years.
- The most complete T. Rex fossils is found in South Dakota and named "Sue" after the paleontologist who discovered it.
- Internet becomes available for unrestricted commercial use.
- Operation Desert Storm takes place in Iraq and Kuwait.
- MTV creates the first popular reality show with *The Real World: New York*.
- Boris Yeltsin becomes Russia's first elected President.
- The Maastricht Treaty is signed, creating the European Union.
- Nelson Mandela becomes the President of South Africa after being elected in the country's first multi-racial elections.
- The Channel Tunnel is completed and opens, connecting France and England.
- The World Trade Organization (WTO) is created.¹

Like you, I look at this list and I am in awe at how much has changed in 30 years, throughout the world and within our profession. Tech continues to get smaller, faster, clearer, and more efficient, the world continues to become more and more connected, allowing the old to become new again. Fleetwood Mac is enjoying renewed popularity thanks to a viral internet video. And while "Dreams" is topping the charts again 43 years later, *Behind the Mask* seems a more appropriate title for 2020 as a year than it does as the album they recorded in 1990, after the first departure of guitarist Lindsey Buckingham (he rejoined for 30 years before leaving again in 2018). Throughout all of this, the *AAOJ* continues to promote the osteopathic profession with articles that support you and provide new insight and research into the field of osteopathic medicine.

While we continue to march forward into the next 30 years of the *AAOJ*, we do not want to lose sight of our past. History grounds us by remembering the pioneers in our profession that make it possible to "do what we do" every day. On that note, each issue this year will feature an article from the archives, culminating in our

December 2021 issue. Whether virtual or in person, we will find a way to celebrate *AAOJ*'s anniversary year with each and every one of you.

Additionally, I want to express my deepest gratitude to Raymond J. Hruby, DO, MS, FAAODist, for his foresight in creating the journal and giving the AAO a voice. Dr. Hruby saw the need and filled it, and served as the first editor for the journal. Those first years were rocky as he worked to increase submissions to the journal, but in the words of Martin Luther King, Jr., "We are not makers of history, we are made by history."² I am so grateful for the solid



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foundation you created. Gratitude is due as well to the amazing AAO staff who manage each issue, making it even better than the last. Katie Kowalski, who is serving as publications administrator for each issue, deserves high accolades for her support and dedication. Without her, the issues would not be possible. She is a hero in my mind. Sherri Quarles, as well, has been a beacon of hope as this year has been a rough transition to remote working. Thank you for your support!

Looking forward to the next 30 years, we plan to put a publication management system in place in the near future that will make it easier for authors to submit and manage articles – more to come on this. We are inching our way forward towards publication indexing as we scan and remove advertising from past issues. I am hopeful